



Dealing with Adversity

One day a farmer's donkey fell down into a well. The animal cried piteously for hours as the farmer tried to figure out what to do. Finally, he decided the animal was old, and the well needed to be covered up anyway. It just wasn't worth it to retrieve the donkey.

He asked his neighbors to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried horribly. Then, to everyone's amazement, he quieted down.

A few shovel loads later, the farmer finally looked down the well. He was astonished at what he saw. With each shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up.

As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped over the edge of the well and happily trotted off!

Moral

Life is going to shovel dirt on you, all kinds of dirt. The trick to getting out of the well is to shake it off and take a step up. Each of our troubles is a stepping stone when we take the time to learn and then move forward. We can get out of the deepest wells just by not stopping, never giving up! Shake it off and take a step up.

Remember 5 Simple Rules to be Happy:

1. Free your heart from Hatred – Forgive
2. Free your mind from worries – Most Never Happen
3. Live simply and appreciate what you have.
4. Give More.
5. Expect less from people but more from God.

Questions

How does this story apply to you today?

What do you need to shake off?

How does this story apply when you face criticism?

How do you learn from adversity and then move on?